

How to Make Your Own Exclusive Body Butters



Pamper Your Friends, Family and Yourself
with Luxurious Body Care Products
You Can Make at Home Fast and Easy

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Before We Start...

Body Butter is a Luxurious Treat and a Perfect Gift for Every Woman.

Body butter is a luxurious way to pamper your body, feed it with vitamins heal dry skin, protect it from sun, wind and cold, cure problematic skin, scars and even stretch marks. Body butters can be a wonderful gift for any woman you truly care about and want to give her a luxurious gift that will be highly appreciated no matter what the occasion is.

Control what's Inside the Products You Put on Your Skin.

Body butters have lots of benefits, but we all know how expensive the quality body care products are. Besides, commercially produced body butter is often made with chemicals and lots of different bad preservatives. You can never be absolutely sure what exactly is inside the product you are about to put on your skin or give it to someone special as a gift, unless you make it yourself!

Cut the Cost of Buying This Expensive Treat for Your Body.

Making your own body butters will allow you to control all of the ingredients and adjust the recipe to your particular skin type. It will also allow you to customize the scent to your liking. Moreover, making your own body butters is fun, easy and can save you a lot of money. The ingredients are not so expensive, and you can make at least 3 times more body butter than buying already made product at the store for the same price.



You Should Know

You Can't Go Wrong Making Body Butters at Home.

Body butter making at home is very easy and everyone can make a wonderful gift for mom, friend, teacher, sister or yourself fast and easy. Don't be afraid that something could go wrong with your butter, because it's practically impossible.

You Just Need to Start Making!

If you are doing it for the first time, follow the body butter making instructions carefully, and there should be any problems in making your own exclusive body care products. When you have made several body butters already, you can now start experimenting, choosing and mixing ingredients that you want and how you want.

Remember!

All recipes are just basic examples how you can fast and easy make your own body butters. The making procedure is more or less the same for any body butter recipe. You can freely change ingredients and vary amounts of them according to your wishes, skin type or purpose of usage.

Learn the Ingredients.

If you want to make a specific body butter that perfectly fits your skin type and wishes, or you want to make a special butter for someone as a gift, you should find out what ingredients are the best for this purpose.

Find all ingredients you need and useful information about the most popular body butter ingredients and their beneficial features here: [**CHOOSING INGREDIENTS FOR YOUR EXCLUSIVE HOMEMADE BODY CARE GIFTS**](#)

Clicking this link you will also find the suggested place where you can buy all the necessary 100% organic ingredients online and have them delivered directly to your door anywhere in the world.

We are Ready to get Started! Let's have Fun!

Body Butter Recipes and Instructions

COCOA BODY BUTTER

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 1.75 oz (50 grams) cocoa butter
- 1.75 oz (50 grams) wheat germ oil
- ½ tsp vitamin E oil (optional)

Let's make it!

- 1 Melt cocoa butter using double boiler method: put cocoa butter in a bowl and place it over a pot with water; let the water heat up until cocoa butter starts melting,
- 2 When cocoa butter has melted completely, let it cool for couple of minutes,
- 3 Add wheat germ oil and vitamin E (optional) to the melted cocoa butter and stir well,
- 4 Place the mixture in the fridge for approximately 5-10 minutes,
- 5 Take it out and whip the ingredients until the mixture turns into a creamy consistence,
- 6 Pour the body butter into a suitable container.



SHEA BODY BUTTER

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 2.5 oz (70 grams) Shea butter
- 1 oz (30 grams) macadamia nut oil
- 10 drops grapefruit essential oil (or any other essential oil of your choice)

Let's make it!

- 1 Melt the Shea butter using double boiler method (see cocoa body butter recipe for details)
- 2 When Shea butter has melted completely, let it cool for couple of minutes,
- 3 Add the macadamia nut oil and grapefruit essential oil to the melted Shea butter and stir well,
- 4 Place the mixture in the fridge for approximately 2-6 minutes,
- 5 Take it out and whip the ingredients until the mixture turns into a creamy consistence,
- 6 Pour the body butter into a suitable container.

MANGO BODY BUTTER

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 3.5 oz (100 grams) mango butter
- 2 tbsp coconut oil
- 1 tbsp beeswax
- 4 tbsp kukui nut oil
- 3 tbsp distilled water
- 10 drops essential oil of your choice (optional)

Let's make it!

- 1 Melt the mango butter, coconut oil and beeswax using double boiler method (see cocoa body butter recipe for details)
- 2 When all ingredients have melted completely, let the mixture cool for couple of minutes,
- 3 Add the kukui nut oil, essential oil (optional) and water to the melted mixture and stir well,
- 4 You should now see that the mixture has become thicker,
- 5 It's the right time to pour the body butter into a suitable container.



BODY BUTTER WITH SESAME OIL

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 2 tbsp beeswax
- 2.5 oz (70 grams) cocoa butter
- 2 tbsp coconut oil
- 3 tbsp sesame oil
- 2 tsp distilled water (optional)

Let's make it!

- 1 Melt cocoa butter, coconut oil and beeswax using double boiler method (see cocoa body butter recipe for details)
- 2 When all ingredients have melted completely, let the mixture cool for couple of minutes,
- 3 Add sesame oil and water (optional) to the melted mixture and stir well,
- 4 Stir or whip the ingredients until the mixture turns into a creamy consistence,
- 5 Pour the body butter into a suitable container.

COCO&LEMON BODY BUTTER

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 1.75 oz (50 grams) coconut oil
- 1 oz (30 grams) Shea butter
- 0.7 oz (20 grams) grape seed oil
- 10 drops lemon essential oil

Let's make it!

- 1 Melt Shea butter and coconut oil using double boiler method (see cocoa body butter recipe for details)
- 2 When ingredients have melted completely, let the mixture cool for couple of minutes,
- 3 Add the grape seed oil and lemon essential oil to the melted mixture and stir well,
- 4 Place the mixture in the fridge for approximately 2-6 minutes,
- 5 Take it out and whip the ingredients until the mixture turns into a creamy consistence,
- 6 Pour the body butter into a suitable container.



RICH BODY BUTTER FOR VERY DRY AND DAMAGED SKIN

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 3.5 oz (100 grams) Shea butter
- 2.5 oz (70 grams) coconut oil
- 1.75 oz (50 grams) cocoa butter
- 1.75 oz (50 grams) mango butter
- 1.75 oz (50 grams) macadamia oil
- 1.25 oz (35 grams) avocado oil
- 1.25 oz (35 grams) jojoba oil
- 1.25 oz (35 grams) almond oil

Let's make it!

- 1 Melt all butters and coconut oil using double boiler method,
- 2 When ingredients have melted completely, let the mixture cool for couple of minutes,
- 3 Add all oils to the mixture, stir well and place it in the fridge for approx. 3-8 minutes,
- 4 Take it out and whip the ingredients until the mixture turns into a creamy consistence,
- 5 Pour the body butter into a suitable container.

COCO&HEMP BODY BUTTER

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 3 tbsp coconut oil
- 1 tbsp beeswax
- 1 tbsp castor oil
- 1 tbsp sunflower oil
- 1 tbsp hemp seed oil
- 1 tbsp honey
- 10 drops essential oil of your choice

Let's make it!

- 1 Melt beeswax and coconut oil using double boiler method, (see cocoa body butter recipe for details)
- 2 When ingredients have melted completely, let the mixture cool for couple of minutes,
- 3 Add all oils and honey to the mixture and stir well,
- 4 Whip the ingredients until the mixture turns into a creamy consistence,
- 5 Pour the body butter into a suitable container.



SUPER EASY BODY BUTTER – HAND SOFTENER

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 2.5 oz (70 grams) illipe butter
- 1 oz (30 grams) almond oil
- 10 drops essential oil of your choice (optional)

Let's make it!

- 1 Melt the illipe butter using double boiler method,
- 2 When illipe butter has melted completely, let it cool for couple of minutes,
- 3 Add wheat germ oil and essential oil (optional) to the melted illipe butter and stir well,
- 4 Place the mixture in the fridge for approximately 2-4 minutes,
- 5 Take it out and whip the ingredients until the mixture turns into a creamy consistence,
- 6 Pour the body butter into a suitable container.

Additional comment: This butter is great as a hand softening mask. Before bed massage the butter into your hands then cover with cotton gloves. Wear all night while sleeping.

CLASSIC BODY BUTTER RECIPE

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 1.75 oz (50 grams) cocoa butter
- 1.75 oz (50 grams) Shea butter
- 2.5 oz (70 grams) almond oil
- ½ tsp vitamin E oil (optional)
- 10 drops essential oil of your choice (optional)

Let's make it!

- 1 Melt cocoa and Shea butter using double boiler method,
- 2 When butters have melted completely, let the mixture cool for couple of minutes,
- 3 Add almond oil, vitamin E (optional) and essential oil (optional) and stir well,
- 4 Place the mixture in the fridge for approximately 5-10 minutes,
- 5 Take it out and whip the ingredients until the mixture turns into a creamy consistence,
- 6 Pour the body butter into a suitable container.



DRY SKIN LUXURY BODY BUTTER

What you need: *(All necessary ingredients you can find here – [Choosing Ingredients for Your Exclusive Homemade Body Care Gifts](#))*

- 1.75 oz (50 grams) cocoa butter
- 1.75 oz (50 grams) Shea butter
- 0.35 oz (10 grams) coconut oil
- 0.35 oz (10 grams) beeswax
- 0.35 oz (10 grams) borage seed oil
- ½ tsp vitamin E oil (optional)
- 10 drops essential oil of your choice (optional)

Let's make it!

- 1 Melt cocoa and Shea butters, coconut oil and beeswax using double boiler method,
- 2 When ingredients have melted completely, let the mixture cool for couple of minutes,
- 3 Add borage seed oil, vitamin E (optional) and essential oil (optional) and stir well,
- 4 Place the mixture in the fridge for approximately 5-10 minutes,
- 5 Take it out and whip the ingredients until the mixture turns into a creamy consistence,
- 6 Pour the body butter into a suitable container.

Final Tips and Suggestions

- 1 **Never overheat the ingredients when melting them.** The melting temperature shouldn't be higher than 104 °F (40 °C), because reaching this temperature the ingredients lose all the vitamins and other good and healing features.
- 2 **Use vitamin E oil as a natural preservative.** Vitamin E is not only well known as a fantastic cure for stretch marks, scars and other skin damages, but it is also used as a natural preservative that helps to keep butters and creams fresh longer. It is enough if you add approximately 1 tsp of vitamin E oil to every body butter you make.
- 3 **Never make too much.** Make only as much as you think you are able to use within approximately 3 months. This is an average time the body butter stays fresh. Don't forget that we don't use any bad preservatives to keep them fresh for years. That's why your homemade body butters are so exclusive – they are natural and 100% healthy!
- 4 You can keep your homemade body butter in a room temperature for approximately 3 months, but in order to keep it longer, **you can place it in a fridge as well.**
- 5 If you think you have left the ingredients in the fridge for too long when tried to cool them before whipping, don't worry! **You can always melt them again.** Only remember not to overheat.
- 6 **Use old containers.** Now you have a reason to keep all your used face and body cream containers. Wash and dry them thoroughly, take off all labels (if possible) and pour in your own luxurious and made with love body butters. You can even make your own label, come up with a unique body butter name and a message for a lucky woman who will receive this amazing gift. Of course, buying new cosmetic containers is also an option. 😊
- 7 **Find all necessary ingredients here:** [CHOOSING INGREDIENTS FOR YOUR EXCLUSIVE HOMEMADE BODY CARE GIFTS](#)

We truly hope, you enjoyed and found this information useful!

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